



## What if I'm in hospital & don't have SIL or SDA funding?

- Do you have an NDIS plan?
- Do you have housing as a goal in your plan?
- What do you already have in your plan?
  - Is SDA approved?
  - Is SIL approved?
  - Can you use core funding to buy MTA?
  - Can you use core funding to buy other in-home support services?
- What is missing from your plan?
  - Get extra assessments done to support SIL application
    - Start assessments while in hospital, OR
    - Begin assessments on discharge
  - Do a plan review
- Apply for SIL/SDA funding and move out in the meantime
  - Use MTA funding
  - Use core funding
  - Use Rapid Response Funding
- Call SDA Smart Homes and Thrive365 for personalised advice and guidance

### Short term accommodation (STA)

- Up to 28 days, all included

### Medium Term Accommodation (MTA)

- Up to 90 days, all included

### Get in touch

#### SIL provider Thrive365

[www.thrive365.com.au](http://www.thrive365.com.au)  
[info@thrive365.com.au](mailto:info@thrive365.com.au)  
1800 555 365

#### SDA provider Smart Homes

[www.sdasmarthomes.com.au](http://www.sdasmarthomes.com.au)  
[sda@propertydirect.com.au](mailto:sda@propertydirect.com.au)  
07 3899 3873

## From hospital to NDIS housing

A guide to helping patients transition into supported independent living (SIL) and specialist disability accommodation (SDA)



## What is Specialist Disability Accommodation (SDA)?

- Accessible, purpose-modified properties with features and fixtures that enhance independent living
- Leases with individual residents that are often a lifetime commitment unless your needs change
- Only for top 6% of NDIS participants with extreme functional impairment or very high support needs
- Requires an OT housing assessment and possibly evidence other options haven't worked



## What is Supported Independent Living (SIL)?

- SIL is support provided to you at home – workers who come in and help with daily tasks and personal care
- It can be provided in a range of places including an accessible SDA property or participant's home
- It includes regular staff supports as approved by the NDIS, including public holidays or when you're sick.
- SIL does not cover groceries, rent, utilities, transport, furniture, assistive technology or moving costs

## What to expect: the NDIS housing application process

### 1. Start your inquiries

- Support coordinator or participant
- Talk to SDA/SIL providers

### 2. Find out if you're eligible

- Goals include housing
- Existing core funding
- Can you get SDA or SIL?

### 3. Interview SIL providers

- View several properties
- Meet residents & staff
- Compatibility screening

### 4. SDA application

- Get evidence of need
- Fill 'home & living' form
- NDIA decision & review

### 5. SIL application

- Evidence of need
- 'Roster of Care'
- Allied health & GP reports

### 6. Documents sent to NDIA

- SIL provider submits documents
- NDIA approval
- Finalise funding

### 7. Find a property

- Housing Hub
- SDA provider list
- Disability Housing Centre

### 8. Move in to your home!

- Finalise service agreement
- Sign lease
- Move in!

Minimum 3 weeks

**SDA**  
**SMART**  
**HOMES**  
**AUSTRALIA**

SDA Smart Homes has over 20 years of experience in new builds that are tailored for people with high physical support needs.

We are property managers which means we supply homes and maintain them. SDA Smart Homes partners with SIL providers and assistive technology providers to create



**Thrive365**

Thrive365 are a for-purpose company that has been providing SIL services since 2017 and have properties in Sydney and Brisbane.

We operate predominantly in SDA properties and work with people who have complex behaviour support needs, as well as complex health needs.